



Croftlands Infant School PSHE Curriculum Map EYFS 2023/24

	autumn 1	autumn 2	spring 1	spring 2	summer 1	summer 2
Badgers 2-3yrs	<p>Feelings and Emotions</p> <p>Me & my family Self-regulation Following rules, joining in with playtime inside & outside, snack time, story time.</p>	<p>Relationships</p> <p>Where do I play? Develop friendships with other children.</p>	<p>Keeping/staying safe</p> <p>Safely explore emotions, with puppets, books, songs & rhymes. Explore senses. Use equipment inside & out.</p>	<p>Being Responsible</p> <p>How have I changed? Learning to use the toilet, put coat on, go outside, line up, and look at photographs of themselves.</p>	<p>Relationships</p> <p>Who are my friends? Friendships with other children. Play with variety of equipment & children.</p>	<p>Feelings and Emotions</p> <p>What am I best at? Talk about their feelings using words like 'happy', 'sad', and 'angry' or 'worried'.</p>

<p>Nursery3-4yrs</p>	<p>Keeping/staying safe Identifying risks to keep ourselves and others safe</p> <p>Understand similarities and differences</p>	<p>Keeping/staying healthy Develop an understanding of the importance of making healthy choices</p> <p>Understand similarities and differences</p>	<p>Relationships Managing friendships and social interactions</p> <p>Computer and Online Safety Understand the risks and how to stay safe when using technology</p>	<p>Being Responsible Understand that sometimes we have to do things that we don't like doing</p>	<p>Feelings and Emotions Understanding emotions</p>	<p>Change and Transitions Building confidence</p> <p>Managing new experiences</p>
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<p>Reception4-5yrs</p>	<p>Keeping/staying safe Understand that rules help to keep ourselves and others safe</p> <p>Our world Identify people who help us in our local community</p>	<p>Keeping/staying healthy Develop an understanding of the importance of making healthy choices</p> <p>Our world Understand similarities and differences</p>	<p>Relationships Being aware of our own needs and having empathy for and understanding of others</p> <p>Computer and Online Safety Understand the risks and how to stay safe when using technology</p>	<p>Being Responsible Developing a sense of responsibility</p>	<p>Feelings and Emotions Develop strategies for managing feelings</p> <p>Understand that it is OK to ask for help</p>	<p>Change and Transitions Managing changes at home</p> <p>Taking on new challenges</p> <p>Our world Respecting the local environment</p>
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