

Croftlands Infant School Curriculum Map 2021/22

Our scheme of work for PE and Sport

Our curriculum maps for PE and sport were devised by merging the National Curriculum aims and purposes with the 'Real PE' scheme of work. Our core values and vision for PE and sport are embedded throughout. We aim to teach one session per week based around the fundamental movement skills and multi abilities outlined the 'Real PE' units of work. The other session will then consolidate the teaching and learning from the 'Real PE' session but will allow children to apply skills in a range of contexts, with an emphasis on specific sports such as dance, gymnastics, athletics and competitive team games. We make cross-curricular links to themes and topics where appropriate. We use a range of sports coaches throughout the year alongside our scheme. Children will build up skills within a particular sport.

What is Real PE?

The Real PE programme provides fun and simple to follow schemes of work and support for Early Years Foundation Stage, Key Stage 1 and Key Stage 2 practitioners that give them the confidence and skills to deliver outstanding PE. It is fully aligned to the National Curriculum and OFSTED requirements and focuses on the development of agility, balance and coordination, healthy competition and cooperative learning through a unique approach to teaching and learning.

Aims of Real PE

1. To support the development of positive attitudes by young people towards physical activity.
2. To improve pupils' core skills and confidence in PE and sport, enabling greater access to the PE curriculum and sports specific pursuits.
3. To support identification, extension and development of more able and talented.
4. To provide an effective assessment for learning tool

Core Values of Real PE

Real PE focusses on 3 central philosophies, these are;

- Creating clear, shared learning journeys
- Providing quality personalised learning opportunities
- Shifting responsibility towards the learner

Key elements of Real PE

- 12 fundamental skills focusing on balance, agility and coordination (these skills progress from Reception to Year 1 to Year 2)
- 6 multi-abilities (colour coded) ; **personal**, **social**, **cognitive**, **creative**, **physical**, **health and fitness**.

Foundation Stage Curriculum Map for Physical Education

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year N	<p>Structured free play and exploration with small apparatus.</p> <p>Explore spatial awareness.</p>	<p>Structured free play and exploration with small apparatus.</p> <p>Spatial awareness – moving safely in different directions and with different speeds.</p> <p>Body part awareness.</p>	<p>Dancing and ring games.</p> <p>Dance – move in response to music.</p> <p>Travelling in different ways.</p>	<p>Dance – Moving rhythmically in response to music.</p> <p>Dance – expressing feelings.</p> <p>Yoga- Balancing</p> <p>Control and coordination with small apparatus.</p>	<p>Structured free play and exploration on low level large apparatus.</p> <p>Safety awareness.</p>	<p>Aiming activities with small apparatus.</p>
Year R	<p>Real PE- Unit 1</p> <p>Coordination: Footwork</p> <p>Static Balance: One Leg</p>	<p>Real PE- Unit 2 and 3</p> <p>Dynamic Balance to Agility: Jumping and Landing</p> <p>Static Balance: Seated</p>	<p>Real PE- Unit 4</p> <p>Coordination: Ball Skills</p> <p>Counter Balance: With a Partner</p>	<p>Real Gym Unit</p>	<p>Real PE- Unit 5</p> <p>Sending and Receiving Reaction / Response</p>	<p>Real Dance Unit</p>

		Football with Barrow AFC	Yoga with YoKids	Dance with Louise Walton	Cricket with Barrow Cricket Club	Rugby with Barrow Raiders
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Key Stage 1 Curriculum Map for Physical Education

	Term 1	Term 1	Term 2	Term 2	Term 3	Term 3
Year 1	Recap previous Real PE	Real PE- Unit 2- Jumping and Landing and Balance Seated Balance	Real PE- Real Gym Unit	Real PE- Unit 1- Co-Ordination and Balance Footwork and One leg	Real PE- Unit 4 Coordination: Ball Skills Counter Balance: With a Partner	Real PE- Unit 5 Sending and Receiving Reaction and Response
	Football with Barrow AFC	Yoga with YoKids	Dance with Louise Walton	Cricket with Barrow Cricket Club	Rugby with Barrow Raiders	
Year 2	Recap previous Real PE Real PE- Unit 1- Co-Ordination and Balance	Real PE- Unit 2- Jumping and Landing and Balance			Real PE- Unit 3 and 4- Ball Skills Sending and Receiving Reaction and Response	Real PE- Unit 5 Sending and Receiving Reaction and Response

	Yoga with YoKids	Dance with Louise Walton	Football with Barrow AFC Karate	Rugby with Barrow Raiders Karate		
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